

High School High Jump Rules

1. The starting height and increments for bar raises are determined by the Games Committee.
2. The order in which competitors take their trials is determined by lot or the Games Committee. The head official may change the order of competition to accommodate those excused to participate in other events.
3. The number of individual check marks and marking materials are determined by the Games Committee.
4. The time limit for competitors excused to compete in another event is determined by the Games Committee. When that time limit expires, the bar is raised to the next level. Always record the time when competitors leave to compete in another event and when they return. Upon return, excused competitors make their next attempt at whatever height the bar is currently set at; the bar is not lowered for them. After the competition has started, the bar is never lowered except to resolve a tie for first place.
5. Each competitor is allowed a maximum of three trials at any one height. A competitor is eliminated when they have had three consecutive unsuccessful trials, regardless of the height or heights at which the trials were attempted. Competitors may pass a single attempt or all attempts at a height. The decision to pass a trial must be communicated to the head judge before the clock is started.
6. A competitor who has not entered the competition within 60 minutes of the first jump is permitted a warm-up period of 1.5 minutes without the crossbar or bungee cord in place, taken at a height change, and shall enter the competition at that height. When 2 or more athletes enter the competition, each one shall be given 1.5 minutes individually, and this time cannot be combined.
7. When only one competitor remains who has won the competition, they may determine successive heights of the bar.
8. One face of the crossbar should be marked for identification to ensure it is placed on the standards in exactly the same position for every attempt.
9. The distance between the landing pad and the plane of the crossbar should be not less than 4 inches.
10. Measurements are recorded to the nearest lesser $\frac{1}{4}$ inch or centimeter. Measurements are made with a nonstretchable tape or a certified scientific measurement device (laser) from a point on the same level as the takeoff to the lowest point on the upper side of the crossbar. The crossbar is measured before every record attempt.
11. A competitor may attempt to clear the bar in any manner, provided the takeoff is from one foot and provided no weights or artificial aids are used. All of the competitor's body must go over the bar.
12. It is a failed attempt if the competitor:
 - a. Displaces the crossbar in an attempt to clear it.
 - b. Touches the ground or landing area beyond the plane of the crossbar, or the crossbar extended, without first clearing the bar.
 - c. After clearing the bar, contacts the upright and displaces the crossbar or steadies the bar in the completion of the jump.
 - d. Fails (total body) to go over the bar.
 - e. Fails to initiate a trial carried to completion within the time limit specified below, unless excused to participate in another event.
 - f. Takes off from two feet.
13. To place in the high jump, a competitor must have had at least one successful jump.
14. In the event of ties, places are determined as follows:
 - a. First tiebreaker: The competitor with the fewest number of trials for the height at which the tie occurs, i.e., the last height successfully cleared, shall be awarded the higher place.
 - b. Second tiebreaker: If the tie remains, the competitor with the fewest total number of unsuccessful trials throughout the competition, up to and including the height last cleared, is awarded the higher place. Passed trials do not count as misses.
 - c. If the tie still remains, then:
 - i. If the tie concerns any place other than first place, the competitors are awarded the same place.
 - ii. If it concerns first place, the competitors tying make one more attempt at the height at which they failed. If no decision is reached, the bar is lowered by one inch increments. If two or more of the tying contestants clear that height, the bar is raised by increments of one inch. Each competitor attempts one trial at each height until a winner is determined.

Note 1: If the height that the competitors last attempted is not the same because of a passed height by one or more of the remaining competitors, the jump-off begins at the lowest height last attempted by any of the remaining competitors.

Note 2: Note 2: No passed heights are permitted in the jump-off.

Updated information regarding athletes entering competition after passing heights in HJ and PV

1. In 2026, NFHS changed the in event warmup procedures for athletes passing heights in the competition. This information is outlined in Rule 6-8-6 in the 2026 NFHS TF Rule Book.
2. An athlete who has not made an attempt within **60 minutes after the beginning of the competition** shall be allowed a warmup period **at the height they are entering the competition**, without the bar or bungee cord in place.
3. For the HJ, each athlete entering the competition will be allowed 1.5 minutes of warmup **individually**; this warmup time shall not be combined for all athletes entering the competition at that height.
4. For the PV, each athlete entering the competition will be allowed 2 minutes of warmup **individually**; this warmup time shall not be combined for all athletes entering the competition at that height.
5. Regardless of event, any athlete electing to take their warmup time at a height lower than stated at check in **must** enter the competition at the height they take their warmup time and make at least 1 attempt at that height. They may elect to pass to other heights after that attempt; however, if their next attempt is 60 minutes or longer, they may **not** have another warmup period, as they have already had their warmup time.

FIELD EVENT TIME LIMITS

Athletes remaining:	4+	2 or 3	1	CONSECUTIVE TRIALS*
LJ, SP, D	1 min.	1 min.	1 min.	2 min.
HJ	1 min.	3 min.	5 min.	2 min.
PV	1 min.	3 min.	5 min.	3 min.

* *Consecutive trials for HJ and PV refer to consecutive attempts in height.*